



## Course Specifications

1442-1443

<b>Course Title:</b>	Community Health Nursing
<b>Course Code:</b>	5602411-5
<b>Program:</b>	Bachelor degree in Nursing Sciences program
<b>Department:</b>	Community Health Nursing And Health Care For Mass Gathering.
<b>College:</b>	Faculty of Nursing
<b>Institution:</b>	Umm Al-Qura University

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## A. Course Identification

<b>1. Credit hours:</b>			
<b>2. Course type</b>			
a.	University <input type="checkbox"/>	College <input type="checkbox"/>	Department <input checked="" type="checkbox"/>
b.	Required <input type="checkbox"/>	Elective <input type="checkbox"/>	Others <input type="checkbox"/>
3. Level/year at which this course is offered: fourth year, first semester			
<b>4. Pre-requisites for this course (if any):</b>			
<ul style="list-style-type: none"> <li>▪ Growth and development</li> <li>▪ Health Education</li> <li>▪ Maternal and Gynecological Nursing</li> <li>▪ Pediatrics Nursing</li> </ul>			
<b>5. Co-requisites for this course (if any):</b>			
<ul style="list-style-type: none"> <li>▪ Fundamental of Nursing 1&amp;1</li> <li>▪ Medical Surgical Nursing 1&amp;2</li> </ul>			

## 6. Mode of Instruction (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom		
2	Blended		
3	E-learning	30	40%
4	Distance learning		
5	Other		

## 7. Contact Hours (based on academic semester)

No	Activity	Contact Hours
1	Lecture	30
2	Laboratory/Studio	6
3	Tutorial	2
4	Others (specify) case study , school platform+ virtual webinars& virtual trip)	37
	<b>Total</b>	<b>75</b>

## B. Course Objectives and Learning Outcomes

1. The aim of this course is to provide the Nursing students with knowledge, skills, and attitudes to provide high quality care to individuals, families, and communities within the context of primary health care and health promotion.to maintain their health and help them to be productive and relatively independent in their life
<b>2. Course Main Objective</b>

### 3. Course Learning Outcomes

CLOs		Aligned PLOs
<b>1</b>	<b>Knowledge and Understanding</b>	
1.1	Describe the nature, philosophy and scope of community health nursing	1.1
1.2	Identify the dynamic movement of the family and community relationship, which contributes to build the community's healthy behaviors.	5.2
1.3	Classify the factors influencing the health of general population and those who are under the risks.(environmental factors included here.)	1.4
1.4.	Identify factors affecting community mobilization.	1.4
1.5	Describe the role of the community health nurse in caring for the people with especial needs	3.7
1.6	Identify the main health issues associated with the Hajj and Umrah seasons.	1.8
<b>2</b>	<b>Skills :</b>	
2.1	Explain the health status of the family and community.	2.1
2.2	Differentiate between the characteristics and current community health problems of urban and rural communities.	2.5
2.3	Illustrate the nurses' role in occupational health nursing with focus on problems, hazards & needs.	2.5
2.4	Employ the role of the community health nurse during working in the maternal and child health care settings.	3.7
2.5	Perform the role of the community health nurse during the school health training.	2.6
2.6	Use technology and effective communication to implement infection prevention and control strategies in deferent community settings.	4.1
<b>3</b>	<b>Values:</b>	
3.1	Use the professional standard of ethics in dealing with others during field training.	3,5
3.2	Demonstrate the community health nursing role to meet the health needs of individuals and families in different community settings.	5.2
3.3	Show the time management principles efficiently during the field practice in the deferent community settings.	5.9

### C. Course Content

No	List of Topics	Contact Hours
	Introduction to community health nursing.	2
	Community as client	2
	Community assessment, diagnosis, planning, and intervention.	2
	Primary health care	2
	School health.	2
	Midterm	8
	Health Promotion	2
	Family health	2

	Rural and urban health	2	
	Environmental sanitation	2	
	Occupational health nursing.	2	
	Community mobilization	2	
	Home visit	2	
	Care of handicapped populations	2	
	Nursing care of mass gathering during Hajj pilgrimages	2	
<b>Total</b>		<b>15</b>	
List of Practical Topics		No of Weeks	Contact hours
• Introduction & Orientation to Practical part Revision on prerequisite manual skills: • Baby weighing. • Child's growth measurements • I.M., S.C. & I.D. injections. • Gluco test. Clinical conference: ➤ Communicable diseases. ➤ Common chronic diseases Re – demonstration .		1	3
Manual Skills: "Demonstration& Re-demonstration": Home Visit + Re- demonstration Clinical conference: Community with crisis. Major health problems -Re – demonstration .		1	3
Specific Community Health Nursing Manual Skills Demonstration& Re-demonstration": Clinical conference: Maternal and child health Bag technique + Re- demonstration		1	3
Specific Community Health Nursing Manual Skills: "Demonstration & Re-demonstration": Child immunization Clinical conference: Health education Sheets explanation		1	3

Explanation of the required sheets to be filled in by the students in different clinical areas. ▪ <b>Schools.</b> -School environment assessment. Explanation of the required sheets to be filled in by the students in different clinical areas. ▪ <b>Schools.</b> -School environment assessment -Health education sessions -Growth and development assessment -Detection of cases. -Health education sessions -Growth and development assessment -Detection of cases. ▪ <b>Student presentation- G1 (School -Topics )</b>	1	3
Student presentation G2 & G3 (School -Topics )	1	3
<b>Formal evaluation</b>	1	3
Case study on school students	1	
Primary Health Care Centers (PHCCs).-Maternal NN& Child Health (MCH) -Vaccination -Mother classes -Student presentation G2 & G3 (PHCs -Topics )	1	3
Primary Health Care Centers (PHCCs).-Maternal NN& Child Health (MCH) -Vaccination -Mother classes -Student presentation G3 (PHCs -Topics )	1	3
Primary Health Care Centers (PHCCs).-Maternal NN& Child Health (MCH) -Vaccination -Mother classes	1	3
Virtual Field visit to community health nursing facilities.	1	
	1	3
Health education webinars in schools platforms and black board	1	
Practical training in primary health centres	1	3
School environment evaluation (faculty of nursing building )	1	3
Revision	1	3

## D. Teaching and Assessment

### 1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
<b>1.0</b>	<b>Knowledge and Understanding</b>		
1.1	Describe the nature, philosophy and scope of community health nursing	Lectures (E learning) Midterm&	Written exam
1.2	Identify the dynamic movement of the family and community relationship, which contributes to build the community's healthy behaviors.		
1.3	Classify the factors influencing the health of general population and those who are under the risks.(environmental factors included here.)		
1.4.	Identify factors affecting community mobilization.		
1.5	Describe the role of the community health nurse in caring for the people with especial needs		
1.6	Identify the main health issues associated with the Hajj and Umrah seasons.		
<b>2.0</b>	<b>Skills</b>		
2.1	Explain the health status of the family and community.	lecture, (E learning)	Written exam
2.2	Differentiate between the characteristics and current community health problems of urban and rural communities.	lecture(E learning)	Midterm& Written exam
2.3	Illustrate the nurses' role in occupational health nursing with focus on problems, hazards & needs.	lecture(E learning)	Written exam
2.4	Employ the role of the community health nurse during working in the maternal and child health care settings.	Lab& primary health care centers –field training	final practice exam
2.5	Perform the role of the community health nurse during the school health training.	Lab& school platform presentation & webinar presentations(E learning)	final practice exam
2.6	Use technology and effective communication to implement infection prevention and control strategies in deferent community settings.	Lab& primary health care centers. field training	Semester activity
<b>3.0</b>	<b>Values</b>		
3.1	Use the professional standard of ethics in dealing with others during field training.	Lab& primary health care centers. field training +virtual trip	Semester activity
3.2	Demonstrate the community health nursing role to meet the health needs of individuals and families in different community settings.	Lab& primary health care centers. field training	Assessment sheet for family &nursing care plan

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
3.3	Show the time management principles efficiently during the field practice in the deferent community settings.	Lab& primary health care centers. field training ,school platform and webinar	Lab& Assessment sheet for family, school assessment &nursing care plan

## 2. Assessment Tasks for Students

#	Assessment task*	Week Due	Percentage of Total Assessment Score
1	Midterm exam	8	15%
2	Final written exam	16	40%
3	final practical exam	15	10%
4	Final Oral Exam	15	10%
5	Semester activities including::	Continuous	25%
6	Student Communication & Behavior		8
7	Clinical tools (Documentation)	11-15	12
8	Clinical performance	11-15	40
9	Formal evaluation	11-15	20
10	Student activities	9&10	20

\*Assessment task (i.e., written test, oral test, oral presentation, group project, essay, etc.)

## E. Student Academic Counseling and Support

**Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice :**

- 2hrs. Academic office Hours
- Academic advising

## F. Learning Resources and Facilities

### 1.Learning Resources

<b>Required Textbooks</b>	Rector, C. (2018). Community as Client: Applying the Nursing Process. In Editor C. C. Burns (Ed.). Community and Public Health Nursing: Promoting the Public's Health (9th Edition, Philadelphia, PA: Wolters Kluwer.
	Stanhope ,M. and Lancaster J. Public Health Nursing: Population-Centered HealthCare in the community , 7th ed. Medical- Elsevier Health Sciences Division (2014)
	McEwen, M and Nies,: M. Community/ Public Health Nursing: Promoting the health of populations. Elsevier Saunders ( 2013 ).
	Stanhope ,M. and Lancaster J. Foundation of Nursing in the Community: Community Oriented Practice. 5th ed., Lippincott, London, 2010.
	Frances H. Cornelius • Ruth A. Wittmann-Price, 2013,Community Health Nursing Test Success, Springer Publishing Company, LLC 11 West 42nd Street, New York, NY 10036, www.springerpub.com



	.Joanna Rowe Kaakinen, Deborah Padgett Coehlo, Rose Steele, Aaron Tabacco and Shirley May Harmon Hanson,2015, Family Health Care Nursing,5th edition F. A. Davis Company1915 Arch Street Philadelphia, PA 19103 www.fadavis.com.
	James F. McKenzie Robert R. Pinger Jerome E.Kotecki,2005, An Introduction to Community Health.5th edition , Jones and Bartlett Publishers Canada 2406 Nikanna Road Mississauga, ON L5C 2W6 CANADA.
	2.Frances H. Cornelius • Ruth A. Wittmann-Price, 2013,Community Health Nursing Test Success, Springer Publishing Company, LLC 11 West 42nd Street, New York, NY 10036, www.springerpub.com
<b>Essential References Materials</b>	Community Health Nursing Journals
<b>Electronic Materials</b>	Internet -websites
<b>Other Learning Materials</b>	

## 2. Facilities Required

Item	Resources
<b>Accommodation</b> (Classrooms, laboratories, demonstration rooms/labs, etc.)	Internet for e learning Class room (capacity of class 30 chair )
<b>Technology Resources</b> (AV, data show, Smart Board, software, etc.)	<ul style="list-style-type: none"> <li>Computer &amp; Internet</li> </ul> Plasma screen
<b>Other Resources</b> (Specify, e.g. if specific laboratory equipment is required, list requirements or attach a list)	Virtual labs <ul style="list-style-type: none"> <li>Community bag</li> <li>Immunization kits and supplies</li> <li>Home visit Supplies</li> </ul>

## G. Course Quality Evaluation

Evaluation Areas/Issues	Evaluators	Evaluation Methods
<ul style="list-style-type: none"> <li>Confidential completion of standard course evaluation questionnaire.</li> </ul>	students	Feedback of students on strengths and weaknesses of the course and their suggestions for improvement
<ul style="list-style-type: none"> <li>Confidential completion of standard course evaluation questionnaire.</li> </ul>	students	<ul style="list-style-type: none"> <li>Students opinions and evaluation in relation to education process</li> </ul>

Evaluation Areas/Issues	Evaluators	Evaluation Methods
		<p>of the course including:</p> <p>Content of the course</p> <p>Methods of teaching</p> <p>Media used during the course</p> <p>Teacher performance</p>
Exams	Teaching staff	Final results of the students in this course.
	Self evaluation Head department evaluation.	Confidential completion of standard course evaluation questionnaire.
periodically reviewing course effectiveness and planning for improvement	Department staff	Describe the planning arrangements for periodically reviewing course effectiveness and planning for improvement
		<p>○ Analysis of:</p> <ul style="list-style-type: none"> <li>▪ Confidential completion of standard course evaluation questionnaire by the center of evaluation in the university.</li> <li>▪ students' exam results.</li> <li>▪ Students' feedback about the course.</li> <li>▪ Results of teacher self-evaluation.</li> <li>▪ Writing course report based on the previously mentioned items.</li> <li>▪ Modify course specification based on action plan in the course reports.</li> <li>▪ The modifications will be presented in</li> </ul>

Evaluation Areas/Issues	Evaluators	Evaluation Methods
		department council for approval.

**Evaluation areas** (e.g., Effectiveness of teaching and assessment, Extent of achievement of course learning outcomes, Quality of learning resources, etc.)

**Evaluators** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

**Assessment Methods** (Direct, Indirect)

## H. Specification Approval Data

<b>Council / Committee</b>	<ul style="list-style-type: none"> <li>▪ Dr.Binyameen Mohammed Hemidan (Course coordinator)</li> <li>▪ Dr.Manal HassanAboElmagd- Assistant Coordinator</li> <li>▪ Dr. Nahed Mohamed Saied Othman Ayoub</li> <li>▪ Dr.Hala Yahia Sayed Ali</li> <li>▪ Dr. May Bagadood</li> <li>▪ Mr.Zahid AbdulrahmanYmani</li> <li>▪ Miss.Norah Garallah Al khaledi</li> <li>▪ Miss.Eman Saber ALSolami -ist- month</li> <li>▪ Miss. Manal Mageet Alsehim</li> </ul>	
<b>Reference No.</b>		
<b>Date</b>	11/4/1442H	