



Course Specifications

1441-1442

Course Title:	GERIATRIC NURSING
Course Code:	(5602421-2)
Program:	Bachelor degree in Nursing Sciences program
Department:	Community Health Nursing And Health Care For Mass Gathering.
College:	Faculty of Nursing
Institution:	Umm Al-Qura University

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A. Course Identification

1. Credit hours:			
2. Course type			
a.	University <input type="checkbox"/>	College <input type="checkbox"/>	Department <input checked="" type="checkbox"/>
b.	Required <input type="checkbox"/>	Elective <input type="checkbox"/>	Others <input type="checkbox"/>
3. Level/year at which this course is offered: fourth year, first semester			
4. Pre-requisites for this course (if any):			
<ul style="list-style-type: none"> ▪ Medical-Surgical 1&2 ▪ Growth and development 			
5. Co-requisites for this course (if any):			
<ul style="list-style-type: none"> • Community Health Nursing • and Critical care.. 			

6. Mode of Instruction (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom		
2	Blended		
3	E-learning	45	
4	Distance learning		
5	Other		

7. Contact Hours (based on academic semester)

No	Activity	Contact Hours
1	Lecture	15
2	Laboratory/Studio	15
3	Tutorial	
4	Others (specify) case study , elderly home+ hospital	15
	Total	15

B. Course Objectives and Learning Outcomes

1. Course Description This course focuses on the aging process from both biological and social perspectives. It includes normal and common pathological conditions as well as health: problems faced by elderly. Nursing care emphasized on health promotion, maintenance and prevention as well as helping old client to adapt with physiological aging changes and chronic illness

2. Course Main Objective

At the end of this course the students will be able to acquire cognitive, psychomotor and affective skills needed to provide nursing care for elderly clients to maintain their health and help them to be productive and relatively independent in their life

3. Course Learning Outcomes

CLOs		Aligned PLOs
1	Knowledge and Understanding	
1.1	Describe gerontology and ageism.	1.1
1.2	Identify the health status of elderly.	1.2
1.3	Summarize theories of aging.	1.1
1.4	Summarize factors influence the aging process.	1.4
1.5	Review the age related physical, psychological and social changes.	1.2
1.6	Identify health needs of old adults.	1.1
1.7	list the available health services for healthy old adult.	1.2
2	Skills :	
2.1	Employ problem solving techniques and decision making and critical thinking skills in providing care for old people.	2.1
2.2	Differentiate between healthy and unhealthy old clients.	2.1
2.3	Enumerate/recognize atypical manifestations of diseases among elderly	2.7
2.4	Demonstrate effective communication skills and positive relation with others.	2.4
2.5	Draw to the old adults how to adapt with their physical, social and psychological changes.	2.3
2.6	Explain the nurse's role in the care of old adults.	2.7
3	Values:	
3.1	Demonstrate effective use of technology in communication skills with others	3.1
3.2	Demonstrate comprehensive and quality nursing management for old adults.	3.3
3.3	Draw to the old adults how to adapt with their physical, social and psychological changes.	3.1

C. Course Content

No	List of Topics	Contact Hours
1.	<ul style="list-style-type: none">Introduction to gerontology and ageism prospective Health status of older adults	1
2.	<ul style="list-style-type: none">Theories of aging Factors influence the aging	1
3.	Old age systemic physical changes	1
4.	<ul style="list-style-type: none">Primary nursing practices to meet elder's physical needs	1
5.	<ul style="list-style-type: none">Old age psychological and social changes	1
6.	<ul style="list-style-type: none">Economic, security, psychological	1

	and safety needs		
7.	Critical illness in old age	1	
8.	Midterm	1	
9.	Critical illness in old age	1	
10.	Chronic diseases of old adult	1	
11.	Chronic diseases of old adult	1	
12.	Health education of old client	1	
13.	Health services for old adult in KSA and other countries	1	
14.	Death and dying	1	
15.	Revision	1	
Total		15	
List of Practical Topics		No of Weeks	Contacthours
▪ Revision of health assessment of old adults		1	2
▪ Case study on normal old adult		1	2
▪ Diagnosing the physical changes on old client		1	2
▪ Exercises needed for old adult		1	2
▪ Nutritional plan health education for old adult			
▪ Using assistive devices		1	2
▪ Case study on unhealthy old adult		1	2
Formal evaluation		1	6
▪ Pharmacological plan and drug administration		1	2
Care of old client with chronic illness			
▪ Health teaching plan for old adult		1	2
▪ Visit the available health services of old adults in Umm Al Qura.		1	2
▪ Nursing care modalities of old client with critical illness		1	2
▪ Nursing care of dying and dead old client		1	2

Revision	1	2
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D. Teaching and Assessment

1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
1.0	Knowledge and Understanding		
1.1	Describe gerontology and ageism.	Lectures (E learning) Midterm&	Written exam
1.2	Identify the health status of elderly.		
1.3	Summarized theories of aging.		
1.4.	Mention factors influence the aging process.		
1.5	Review the age related physical, psychological and social changes.		
1.6	Identify health needs of old adults.		
1.7	list the available health services for healthy old adult.		
2.0	Skills		
2.1	Explain evidence-based nursing, problem solving techniques, decision making and critical thinking in dealing with old people.	lecture, (E learning)	Midterm& Written exam
2.2	Differentiate between healthy and unhealthy old clients.	lecture(E learning)	Midterm&
2.3	Explain the nurse's role in the care of old adults.	lecture(E learning)	Written exam
2.4	Demonstrate effective communication skills and positive relation with others.	Lab& elderly home(E learning)	Formal& final practice exam
2.5	Show professional standard of ethics.	Lab& elderly home(E learning)	Formal& final practice exam
2.6	Use working in group.	Lab& elderly home(E learning)	Semester activity
3.0	Values		
3.1	Demonstrate effective use of technology in communication skills with others	Activities asPresentation	Semester activity
3.2	Examine the health needs of the old adults using critical thinking approach.	Elderly hom&hospital	Assessment sheet for elderly &ng care plan
3.3	Demonstrate comprehensive and quality nursing management for old adults.	Lab& elderly home Demonstration & redomenstration	Lab& elderly home Formal& final practice exam
3.4	Draw to the old adults how to adapt with their physical, social and psychological changes.	Lab& elderly home Group discussion	Lab& elderly Formal& final practice exam home

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
3.5	Construct a health teaching to the old clients about: <ul style="list-style-type: none"> Nutritional needs Pharmacological considerations. Hygiene and safety measures. Seeking medical help and medical follow-up. 	Lab& elderly home Case study	Lab& elderly home Formal& final practice exam

2. Assessment Tasks for Students

#	Assessment task*	Week Due	Percentage of Total Assessment Score
1	Midterm Quiz	8	15%
2	Final written exam	16	40%
3	final practical exam	15	10%
4	FINAL ORAL EXAM	15	10%
5	Semester activities including::	Continuous	25%
6	Student Communication & Behavior		8
7	Clinical tools (Documentation)	11-15	12
8	Clinical performance	11-15	40
9	Formal evaluation	11-15	20
10	Student activities	9&10	20

*Assessment task (i.e., written test, oral test, oral presentation, group project, essay, etc.)

E. Student Academic Counseling and Support

Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice :

- 2hrs. Academic office Hours
- Academic advising

F. Learning Resources and Facilities

1. Learning Resources

Required Textbooks	<ol style="list-style-type: none"> Eliopoulos C. (2018). <u>Gerontological Nursing</u>, (9th edition), Philadelphia, New York, Lippincott Williams & Wilkins List Essential References Materials (Journals, Reports, etc.) <p>Tabloski P. A., (2016). Gerontological Nursing, (5rd edition), Prentice Hall, New Jersey.</p> <ol style="list-style-type: none"> List Recommended Textbooks and Reference Material (Journals, Reports, etc) <ul style="list-style-type: none"> Wold G. H. (2016). Basic Geriatric Nursing (Wold, Basic Geriatric Nursing), 5th edition, U.S.A, Mosby. Miller C. A. (2016). Nursing for Wellness in Older Adults, (7th edition), Philadelphia, New York, Lippincott Williams & Wilkins.
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	Lange J. W. (2015).The Nurse's Role in Promoting Optimal Health of Older Adults, F.A. Davis Philadelphia
Essential References Materials	Gerontological Nursing Journals
Electronic Materials	Internet -websites
Other Learning Materials	

2. Facilities Required

Item	Resources
Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.)	Internet for e learning Class room (capacity of class 40 chair)
Technology Resources (AV, data show, Smart Board, software, etc.)	<ul style="list-style-type: none"> Computer & Internet Plasma screen
Other Resources (Specify, e.g. if specific laboratory equipment is required, list requirements or attach a list)	<ul style="list-style-type: none"> Virtual labs Doll for elderly characteristics Canes crutches Walker <p>Other assistive devices (eating , toilets...etc)</p>

G. Course Quality Evaluation

Evaluation Areas/Issues	Evaluators	Evaluation Methods
<ul style="list-style-type: none"> Confidential completion of standard course evaluation questionnaire. 	students	Feedback of students on strengths and weaknesses of the course and their suggestions for improvement
<ul style="list-style-type: none"> Confidential completion of standard course evaluation questionnaire. 	students	<ul style="list-style-type: none"> Students opinions and evaluation in relation to education process of the course including: <p>Content of the course</p> <p>Methods of teaching</p>

Evaluation Areas/Issues	Evaluators	Evaluation Methods
		Media used during the course Teacher performance
Exams	Teaching staff	Final results of the students in this course.
	Self evaluation Head department evaluation.	Confidential completion of standard course evaluation questionnaire.
periodically reviewing course effectiveness and planning for improvement	Department staff	Describe the planning arrangements for periodically reviewing course effectiveness and planning for improvement
		<p>○ Analysis of:</p> <ul style="list-style-type: none"> ▪ Confidential completion of standard course evaluation questionnaire by the center of evaluation in the university. ▪ students' exam results. ▪ Students' feedback about the course. ▪ Results of teacher self-evaluation. ▪ Writing course report based on the previously mentioned items. ▪ Modify course specification based on action plan in the course reports. ▪ The modifications will be presented in department council for approval.

Evaluation areas (e.g., Effectiveness of teaching and assessment, Extent of achievement of course learning outcomes, Quality of learning resources, etc.)

Evaluators (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

H. Specification Approval Data

Council / Committee	<ul style="list-style-type: none"> - Dr.Sanaa awwad Alsulami(Head of Community Health Nursing &Health Care For Mass Gathering Department) - Dr. Nahed Mohamed Saied Othman Ayoub Course coordinator <i>Dr. Nahed Ayoub</i> - Dr.Manal HassanAbo Elmagd- - Dr.Hala Yahya - Dr. May bagadod - Dr.Binyameen Mohammed Hemidan 	
Reference No.		
Date	4/1/1442	